

Conflict Management Workshop

Learn how to recognize and manage conflict in this interactive workshop. Over the course of this series, we will address conflict theory, owning your feelings/needs, understanding perspectives, social-emotional awareness, speaking to be heard, addressing bullying, and collaborative problem-solving. Attendance in all workshops is recommended but not required.

Event date

✦ Last Tuesday of Every Month
2:30-3:45

St. Mary's County Health Hub

21625 Great Mills Road
Lexington Park, MD 20653

Register now ✦

<https://tinyurl.com/ConflictMgmtWorkshop>

